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| Name: MRS.GAYATHRI | Reg No: 12-6SMHC19 |
| Age / Sex:32/F | Contact No: 7892383157 |
| Marital Status:ML-12 YRS | Date:15/6/19 |
| Occupation:HOUSEWIFE. PUC | Dr. PJFP |
| Address:  NATIVE TUMKUR. CAME FOR VISIT TO BLORE. | DIAGNOSIS- |

1. BREAST PAIN SINCE 1 YEAR. STARTED IN LEFT SIDE NOW EXTENDED TO RIGHT SIDE. DAILY PAINS . BEFORE PERIODS PAIN MORE. TOUCH. AT TIMES IT PAINS. CHAPATHI ALSO PAIN.
2. DYSMENORRHOEA. FRM AN YEAR. FRM 2MONTHS MORE. < JUMPING WHILE JOURNEY.

* WILL NEVER EAT FULLY SAYS CANT WORK IF EAT FULL. LUMPS.
* HAD ONE ABORTION IN 4TH MONTH HUSBAND HIT HER THEN.
* MOSQUITO BITES WILL CAUSE LIKE WATER BUBBLE AND WILL STAY FR 3 DAYS.
* LIFE MEANS DIFFICULT. FEELING SCARED.

RX:

1. LACHESIS 200 – 2 DOSES. 1 DOSE MNG B/BRUSH. 2ND DOSE SOS.
2. CHAMOMILLA1M/BELL1M DISC 4-0-4 B/FOOD.
3. RUB 15 1 TAB NIGHT B/FOOD.
4. AUR MUR NAT (AMN) 6C 4-4-4 PILLS B/FOOD.

29/6/19: cough increasing < evening to night. Phlegm white. . Pain is same. Lmp: 28/6/19. Rt. Arm paining. <working. Weakness reduced.

Rx:

1. Lac can1m/conium1m/thuja1m – 4-4-4-4. 1 drampills
2. Baryta carb 30/ phytolacca 30 disc 4-4-4-4. 30gram
3. Sanguinaria1m/lyco 1m pills 4-4-4-4. 1 dram pills
4. Mag phos 1m/bell1m – 4 pills sos menses. 2 dram pills.
5. Filocof 2-2-2 syp a/food.

13/7/19: pain more in the rt.arm. 60% better in breast pain than before.

Rx:

1. Lac can1m/conium1m/thuja1m – 4-4-4-4. 1 drampills
2. Baryta carb 30/ phytolacca 30 disc 4-4-4-4. 30gram
3. Sanguinaria1m/lyco 1m/rhus tox1m pills 4-4-4-4. 1 dram pills
4. Mag phos 1m/bell1m – 4 pills sos menses. 2 dram pills.
5. Filocof 2-2-2 syp a/food.
6. Pain drops sos – hand pain.

3/8/19: only when carries child pain is there. Rt arm pain is more. 80% pain gone in breast . rt side no pain at all. Even when eating food finds it difficult to eat rt. Arm pain. Lmp: 23/07/19. Dysmenorrhea reduced. Husband beating him. I dnt have the strength to take care of my kids. I came away with my parents now. Dhag dhag dhag sensation of pain In the rt. Shoulder region< when lifting weights. Cough reduced.

Rx:

1. Arnica 200/rhus tox 200/ chelidonium 200
2. Lac can1m/conium1m/thuja1m – 4-4-4-4. 1 drampills
3. Baryta carb 30/ phytolacca 30 disc 4-4-4-4. 30gram
4. Mag phos 1m/bell1m – 4 pills sos menses. 2 dram pills.
5. Tulsi vasaka.
6. Sil 6x/ kali mur 6x/calc phos 6x – 4-4-4 a/food.